



City of Bristol Tennessee

FOR IMMEDIATE RELEASE
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CONTACT: Mike Musick, Superintendent
Parks and Recreation
Phone: 423-764-4023
E-Mail: mmusick@bristoltn.org

Winter Classes Announced at Slater Center

Bristol Tennessee Parks and Recreation announces great winter classes to assist in shedding those last few pounds put on during the holidays or something to cure those winter blahs and cabin fever.

From yoga classes to deco mesh wreath classes there is a lot to choose from. Other offerings include: Cardio-mix, Computer classes, and drawing classes where you will learn basic drawing and shading techniques. Maybe music is more your taste, then try beginning fiddle or guitar, yoga or even pickle ball. Most sessions begin in mid-January and run through March. Class sizes are limited so individuals are asked to sign up early. Fees for classes are varied from \$10 to \$50.

For more information contact Mike Musick at 423-764-4023, Bristol Tennessee Parks and Recreation offices.