

BIRD WATCHING FOR BEGINNERS

BRISTOL
NATURE

THIS ACTIVITY IS AN EXCELLENT WAY TO BUILD A HEALTHY RELATIONSHIP WITH NATURE. YOU DO NOT HAVE TO KNOW ANYTHING ABOUT BIRDS - JUST A FUN WAY TO BE OUTSIDE & BUILD CURIOSITY. THE KNOWLEDGE WILL COME IN ITS OWN TIME.

YOU WILL NEED A BIRD BOOK OR A FREE BIRD APP ON YOUR MOBILE PHONE TO HELP DETERMINE WHAT SPECIES OF BIRDS YOU MIGHT EXPECT TO SEE IN THE PARK OF CHOICE. YOU WILL BE ABLE TO IDENTIFY THE CALLS OF THESE BIRDS FROM THE APP, EMPOWERING YOU & CHILDREN TO LISTEN & IDENTIFY THE CALLS. KEEP TRACK OF THE BIRDS IN A DIARY OR NOTEPAD.

BINOCULARS ARE HELPFUL BUT NOT ESSENTIAL.

